



**The Healthy Community Neighborhood Initiative (HCNI) Informed Consent  
Frequently Asked Questions Sheet  
A Block Pilot Study within the 70 Block Project**

Purpose of the Study

The purpose of this research study is to learn about the health needs of residents of Park Mesa Heights, and to develop programs to improve resident's health outcomes and access to health care services. This is a two year study, which will require our research team to follow up with you one year later after your initial interview. Study includes an interview, and a clinical exam.

Procedures

The following tests and procedures will be done at some or all of the study visits:

1. A 60-90 minute interview (including questions about your health status, quality of life, health habits, and medical conditions).
2. Physical exam (including measurement of height, weight, and blood pressure).
3. Blood will be collected via finger-stick test. Less than a teaspoon of blood will be collected.
4. For study visits conducted in the home, there will be one interview and one person doing the clinical examination. On a small number of visits, a supervising nurse or doctor may also accompany the interviewer and examiner for quality control purposes.

What are the risks to me from this study?

There is small risk that you will experience some psychological discomfort while discussing personal information during the interviews such as: height and weight measurements. We believe these risks are minimal; our research team is trained to address psychological discomforts you may experience. However should you feel any discomfort during the interview and would like to stop please let us know and we will discontinue the interview immediately.

There is a small risk that you will feel some short term discomfort with the fingerstick to collect blood.

What are the benefits to me by being a participant in this study?

Benefits you may receive from this research study may include: increased knowledge about health issues that are important to you or your family, gain valuable information about the health needs of the community in which you live, some participants may benefit from referrals to needed services.

Am I being compensated?

Yes, you will receive a \$25 gift card for completing the interview and another \$25 gift card for participation in the physical examination and laboratory phrases of the study. You will receive the same compensation during the follow up process in the second year.

Will this affect my insurance and future employment?

No, the information collected by the research team is confidential and will not be shared with insurance companies or employers (current or future).

What will happen to my samples, blood samples?

We may have some samples remaining at the end of the study. You can allow us to share your sample with other researchers to allow them to conduct other tests. They will have very limited information on who you are. This is your choice.