San Diego County Behavioral Health Services (BHS)
Research and Community Collaboration

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Research Collaboration at BHS

- Work collaboratively with community researchers
  - Community-engaged Implementation
  - Practice Improvement Research

- Continuous learning about best practices and strategies for working effectively with BHS consumer populations
In the late 1990’s, MHS established a partnership with the Child and Adolescent Services Research Center (CASRC).

In 2003, the University of California, San Diego (UCSD) and MHS Adult/Older Adult Services formed a clinical research partnership.
BHS currently has 38 active research studies

Research partners include:

- Local universities
- National multi-site studies
- External agencies
- Graduate and doctoral students
• Multidisciplinary team formed in 1994 that meets monthly to review proposals

• Monitor studies implemented within BHS

• Work to ensure safety and privacy of BHS clients and their information

• Review proposals of topics and methods to be applied at BHS
Enhanced collaboration between local & national partners

Enhanced assessment, monitoring and treatment of behavioral health clients

Future programs focused on BHS client recovery and resilience

Advanced knowledge of evidence-based behavioral health models and practice.
FIDELITY MODELS IN BHS

- Assertive Community Treatment (ACT)
- Wraparound Model of Care
- PEARLS (Program to Encourage Active, Rewarding Lives)
SUCCESS OF COLLABORATION:
ENCOURAGING SAFER USE OF PRESCRIPTION MEDICINE

- Prescription Drug Abuse Task Force Subcommittee
- Informs patients about prescription medication safety
- Dual-sided handout in English and Spanish
- Adopted by all 19 emergency departments in the region and other jurisdictions, including the State of California (CDPH)
IMPACT OF INNOVATIONS PROGRAMS

- Care Giver Connection to Treatment
- Family Therapy Participation Engagement
- Faith-Based Initiative
- Innovative Mobile Hoarding Intervention Program
- Urban Beats
- Ramp Up 2 Work
- Peer Assisted Transitions
For questions or other inquiries, contact:

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