**Center for Human Nutrition**

Services Available

- Dual Energy X-Ray Absorptiometry (iDXA or iDEXA)
  - **Body Composition Analysis**: State-of-the-art assessment of body fat including abdominal visceral fat; regional body fat distribution; and regional lean muscle mass estimation.
  - **Bone Mineral Density Analysis**: scanning of lumbar spine and femoral hip regions for bone mineral density analysis, including assessment of osteoporosis and bone fracture risk
  - **Basal Metabolic Rate**: Using measurements from iDXA, a metabolic mapping algorithm provides estimation of the basal metabolic rate, useful for design of weight-loss programs using dietary and exercise approaches.

Location

Human Performance Laboratory
UCLA Center for Human Nutrition
1000 Veteran Avenue, Rehab A-157
Los Angeles, CA 90095-1742

Contact Information

Catherine Carpenter, PhD, MPH
CCarpenter@mednet.ucla.edu
Phone: (310) 825-8499
(310) 567-8614