

## **Food Assistance Resources**

During the federal shutdown's delay of SNAP benefits (known as CalFresh in California), other organizations stepped up to provide support. If you are looking for ways to support your neighbors, consider donating time and resources to these and other organizations throughout the county that are helping to provide this emergency relief. Donations of pet food can be dropped off at any LA County animal shelter (see [link](#)).

## **LA Regional Food Bank**

[Click here](#) to search for the nearest food pantry or call 2-1-1. [Click here](#) or call 323-234-3030 x170 to learn more about their Senior Nutrition program.

## **LA County Parks**

[Click here](#) for more information about the free Hot Supper Program for teens (ages 12-18) available at 16 parks M-F at 7pm and the free Youth Snack Program (ages 17 and under) at 48 parks between 3-4pm M-F. There are also Senior Nutrition Programs that deliver balanced meals for older adults.

## **Senior Meal Programs**

Seniors (age 60+) may be eligible for a free meal at local senior centers or for meal delivery services. Call LA County at 800-510-2020 for more information.

Homebound seniors can receive meal delivery from St. Vincent Meals on Wheels by calling 213-484-7775 or [clicking here](#).

## **California WIC (for pregnant women or those with children under age 5)**

WIC clinics remain open to provide food benefits, nutrition education, and family support.

[Click here](#) for more statewide information or [click here](#) for more local information, including how to apply for services.

## **Black Women for Wellness Food Distribution**

[Click here](#) to sign up to join this program that serves 250+ families monthly with a focus on fresh, vegetarian foods with traditional roots in the African diaspora.

## **YMCA's FeedLA**

This program is expanding distribution dates and times to help support families during this time. [Click here](#) for a list of produce distribution sites and times to pick up fresh produce, sign up for food deliveries, or to have a hot meal.

Please click on the following links for more information about [food banks](#) or [community fridges](#) in LA County.

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### **Wildfire Safety and Recovery Resources**

**California state website:** <https://www.ca.gov/lafires/>

Includes links to get help in person or online, apply for disaster assistance, replace documents, return home safely, help your business, and get real-time updates

[LA County Post-Fire Air, Soil, and Water Assessment Plan](#)

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### **Know Your Rights**

**Local and national resources are available through the links below**

[LA County resources for Immigrants](#)

[Immigrant Legal Resource Center](#)

[National Immigration Legal Services Directory](#) *searchable by state and zip code*